

Ref. No: SBBSU/PTU/2024/473

Date: 13/08/24

LIST OF STUDENTS UNDER TAKING RESEARCH PROJECT							
ACADEMIC SESSION: 2023-2023, INTERNSHIP PERIOD STARTS FROM 2022-2023 (6 Months)							
UNIVERSITY INSTITUTE OF SCIENCES							
DEPARTMENT OF LIFE SCIENCES & ALLIED HEALTH SCIENCES							
DISCIPLINE OF PHYSIOTHERAPY							
S.NO	PROGRAMME CODE	REGISTRATION NO.	NAME OF THE STUDENT	PROJECT TITLE	INTERNSHIP DURATION	GUIDE	Place of Internship
1		18440001	Aarushi Jaswal	A Study to compare the effect of INF and Balance exercise in Diabetic peripheral neuropathy patients	7 SEP 2022- 9 MARCH 2023	Dr. Mandeep Kaur	Civil hospital, Jalandhar
2		18440003	Amanpreet Kaur	Immediate effect of myofascial decompression (Cupping therapy) versus static stretching on hamstring flexibility in non-recreational paramedical students- A pilot study.	29 AUG 2022- 16 MARCH 2023	Dr. Jares sahota	Dayanand medical college, Ludhiana
3		18440004	Amandeep kaur	The effect of text neck syndrome on the activities of daily living among Dayanand Medical college students	29 AUG 2022- 3 MARCH 2023	Dr. Mandeep Kaur	Dayanand medical college, Ludhiana
4		18440005	Arshdeep kaur	To compare the effect of ballistic stretching and PNF stretching among elderly people.	1 SEP 2022 - 3 MARCH 2023	Dr. Jares Sabota	Shri guru ramdass charitable hospital, Amritsar
5		18440006	Saljinder kaur	A Comparative study of conventional therapy along with NMES in robotic TKR patients	29 AUG 2022 - 27 FEB 2023	Dr. Amandeep kaur	NHS Hospital, Jalandhar
6		18440008	Bhawna	To see the prevalence of neck pain among nursing staff of ludhiana city	07 SEP 2022 - 24 MARCH 2023	Dr. Amandeep kaur	Guru Tegh Bahadur Hospital, Ludhiana
7		18440011	Gurmeet singh	A study to compare the effect of dynamic stretching versus static stretching on hamstring flexibility and hip ROM among healthy individuals	03 OCT 2022- 3 APRIL 2023	Dr. Aarni Loi	NHS Hospital, Jalandhar
8		18440015	Jaspreet kaur	A study to compare the effect of Dynamic stretching versus manual trigger point release in patients with neck pain	1 SEP 2022 - 2 MARCH 2023	Dr. Jares Sahota	Shri guru ramdass charitable hospital, Amritsar
9		18440016	Kiran Jyoti pal	To study the effect of physical therapy on muscle strength, respiratory muscles and functional parameter in patients with ICU acquired weakness.	23 AUG 2022 - 20 MARCH 2023	Dr. Mandeep Kaur	Patel Super speciality hospital, Jalandhar
10		18440018	Lovepreet kaur	To check the prevalence of cervical radiculopathy and its influence on physical activity in general population	1 SEP 2022 - 2 MARCH 2023	Dr. Daljit Kaur	Shri guru ramdass charitable hospital, Amritsar
11		18440019	Mandeep kaur	A study to compare the effect of neural mobilization and neck isometrics along with IFT in cervical radiculopathy patients	1 SEP 2022 - 3 MARCH 2023	Dr. Daljit Kaur	Shri guru ramdass charitable hospital, Amritsar
12		18440020	Mandeep kaur	To study the effect of physical therapy intervention programme in cervicogenic dizziness	23 AUG 2022 - 20 MARCH 2023	Dr. Mandeep Kaur	Patel Super speciality hospital, Jalandhar
13		18440024	Muskaan	To check the prevalence of knee OA and its effects on physical activities in elderly people	16 AUG 2022 - 15 FEB 2023	Dr. Daljit Kaur	Shri guru ramdass charitable hospital, Amritsar
14	UG035	18440032	Samuel	To assess the efficacy of static and dynamic balance exercises in improving balance in the geriatric population having the risks of falls	1 OCT 2022- 3 APRIL 2023	Dr. Amandeep kaur	Civil hospital, Jalandhar
15		18440033	Sandeep kaur	A study to compare the effect of hamstring stretching and physical exercise in individuals with sciatica	1 SEP 2022 - 2 MARCH 2023	Dr. Aarni Loi	Shri guru ramdass charitable hospital, Amritsar
16		18440034	Sarabjit kaur	To study the prevalence of respiratory symptoms in survivors of hospital admitted after COVID-19	16 AUG 2022 - 15 FEB 2023	Dr. Mandeep Kaur	Shri guru ramdass charitable hospital, Amritsar
17		18440037	Simranjit kaur	To check the prevalence of sciatica and its influences on physical activity in older adult	1 SEP 2022 - 2 MARCH 2023	Dr. Daljit Kaur	Shri guru ramdass charitable hospital, Amritsar

18	18440038	Simranjit kaur	Prevalence of headache in general population	16 AUG 2022 - 15 FEB 2023	Dr. Daljit Kaur	Shri guru ramdas charitable hospital, Amritsar
19	18440046	Chetu raja	To study the prevalence of musculo-skeletal pain among Physiotherapy students	18 OCT 2022 - 18 APRIL 2023	Dr. Amandeep kaur	NHS Hospital Jalandhar
20	18440051	Sneha kumari	To study compare the effect of conventional therapy and myofascial release on chronic low back pain	10 SEP 2022 - 10 MARCH 2023	Dr. Aarti Loi	Maharaja Aggarwal Hospital Dwarka sector-1, Delhi
21	18440052	Pankaj adhya	Prevalence of Musculoskeletal injuries among cricket players	8 SEP 2022 - 9 MARCH 2023	Dr. Jares Saboeta	Shri guru ramdas charitable hospital, Amritsar
22	18440059	Bulbul rani	A study to compare the effects of Maitland Mobilization versus muscle energy technique in frozen shoulder	7 SEP 2022 - 9 MARCH 2023	Dr. Mandeep Kaur	Civil hospital Jalandhar
23	18440043	Harmandeep Kaur	To study the comparative effect neural mobilization and cervical traction among cervical radiculopathy.	3 NOV 2022 - 14 AUG-2023	Dr. Amandeep kaur	Civil hospital, Hoshiarpur
24	18440022	Manisha	To study the prevalence of neck pain among nursing staff	22 SEP 2022 - 22 FEB 2023	Dr. Amandeep kaur	Apex hospital and Maternity home, Jalandhar
25	18440048	Marry	To study the prevalence of low back pain among youngsters.	6 MONTH	Dr. Aarti Loi	Civil hospital, Hoshiarpur
26	18440039	Tarundeep Singh	To study the prevalence of osteoarthritis among women in Jammu..	13 OCT 2022 - 11 APRIL 2023	Dr. Aarti Loi	Government medical college and hospital, Jammu
27	18440009	Chandini	To study the prevalence of musculoskeletal upper limb dysfunction among mobile phone users.	22 AUG 2022 - 22 FEB 2023	Dr. Aarti Loi	Apex hospital and Maternity home, Jalandhar

DR. DALJIT KAUR
COD, BPT

DR. SHWETA SINGH
DEAN, UIS

13/8/2024

CERTIFICATE

This is to certify that the thesis entitled " A study to compare the effects of Intraneural Facilitation & Balance exercises in diabetic neuropathy patients " is a bonafide work carried out by Aarushi Jaswal , student of BPT , Sant Baba Bhag Singh University , Khiala ,PO. Padhiana, Distt. Jalandhar. She has completed internship from Civil hospital at Jalandhar (07.09.2022 to 09.03.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

00.42
30/6/23

SUPERVISOR:

Dr. Mandeep Kaur (PT)

(MPT ,Neuro)

Assistant Professor,

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

HOD/COD:

Dr. Daljit Kaur (PT)

(MPT , Neuro)(AP & COD)

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala , Jalandhar (Punjab)

INTERNSHIP CERTIFICATE

Deputy Director Cum Medical Superintendent
S.B.L.S. Civil Hospital, Jalandhar.

Phone No. 0181-2230933, Email: mschjal@yahoo.com

No. MS/CHJ/2023/ _____

Dated: _____

Certified that **Aarushi Jaswal** D/o Pankaj Jaswal from Sant Baba Bhag Singh University, Jalandhar, Punjab has completed his/her compulsory physiotherapy internship from **07/09/22** to **09/03/2023** satisfactory as follows:-

Name of the deptt.	From	To
Orthopaedics/Sports/Musculoskeletal department	07.09.22	06.10.22
Physiotherapy Department	07.10.22	06.11.22
Medicine Department Cardiopulmonary/ Psychiatry Community Medicine/Geriatrics/ICU	07.11.22	06.12.22
Neurology Department/ Respiratory Care/ICU	07.12.22	06.01.23
Surgery Department ICU/Burn Ward/Skin/Plastic Surgery	07.01.23	06.02.23
Gynaecology & Obsterics Department.	07.02.23	21.02.23
Pediatrics Department	22.02.23	09.03.23

This certificate is being issued as per attendance report received from respective head of departments through physiotherapy department.

Medical Superintendent
Civil Hospital, Jalandhar.

Dated: 15/05/2023

No. MS/CHJ/2023/2046-47

Copy to:-

- Principal, Sant Baba Bhag Singh University, Jalandhar.
- Aarushi Jaswal, Intern

Medical Superintendent
Civil Hospital, Jalandhar





SANT BABA BHAG SINGH UNIVERSITY, JALANDHAR

CERTIFICATE

This is to certify that the thesis entitled " A STUDY TO COMPARE THE IMMEDIATE EFFECT OF MYOFASCIAL DECOMPRESSION THERAPY VERSUS STATIC STRETCHING ON HAMSTRING FLEXIBILITY IN NON-RECREATIONAL PARAMEDICAL STUDENTS-A PILOT STUDY" is a bonafied work carried out by AMANPREET KAUR, student of BPT , SANT BABA BHAG SINGH UNIVERSITY, KHIALA , Distt. Jalandhar . She has completed internship from Dayanand Medical College and Hospital at Ludhiana(29.08.2022 to 16.03.2023)under my guidance . This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR

DR. JARES SAHONTA (PT) (MSPT)

Assistant professor,

Discipline of physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

HOD/COD

DR. DALJIT KAUR (MPT, NEURO)

AP & COD

Discipline of physiotherapy



Sant Baba Bhag Singh University,

Jalandhar (Punjab)

A study to compare the immediate effect of myofascial decompression therapy versus static stretching on hamstring flexibility in non-recreational paramedical students – a pilot study iv



INTERNSHIP CERTIFICATE

 **Dayanand Medical College & Hospital**
Ludhiana-141001 (India) 

Ref. No. DMCH/2022/63 (Physiotherapy) Dated 21/03/2023


TO WHOM IT MAY CONCERN

This is to certify that Ms. Amanpreet Kaur daughter of Mr. Jaswant Singh has completed her internship for six months in the department of Physiotherapy of this institution from 29.08.2022 to 16.03.2023 as per following schedule:

Sr. No.	Departments/Units of Physiotherapy	Duration	Period
1.	Orthopaedics, Burn, Plastic Surgery, Emergency (COVID) ICU/Ward	23 Days	29.08.2022 – 20.09.2022
2.	Oncology-ICU/Ward	23 Days	21.09.2022 – 13.10.2022
3.	OPD	23 Days	14.10.2022 – 05.11.2022
4.	Medicine, Paediatric, Gynae-ICU/Ward	23 Days	06.11.2022 – 11.11.2022 13.11.2022 – 13.11.2022 16.11.2022 – 20.11.2022 24.11.2022 – 28.11.2022 01.03.2023 – 04.03.2023 06.03.2023 – 07.03.2023
5.	Neurology-ICU/Ward	23 Days	29.11.2022 – 06.12.2022 08.12.2022 – 21.12.2022 16.03.2023 – 16.03.2023
6.	Cardiology-ICU/Ward	23 Days	22.12.2022 – 25.12.2022 01.01.2023 – 13.01.2023 09.03.2023 – 11.03.2023 13.03.2023 – 15.03.2023
7.	Neuro-Surgery ICU/Ward	23 Days	14.01.2023 – 05.02.2023
8.	Surgery ICU/Ward, Gastro ICU/Ward, Liver Transplant Unit	23 Days	06.02.2023 – 28.02.2023

She has been given an assessment of 72.50% for her rotatory internship duties by the Head, Department of Physiotherapy and Rehabilitation.

During her stay in this institution her work and conduct has been satisfactory.


Dr. Sandeep Puri
Principal
DMC & Hospital
Ludhiana, Punjab (India)

Principal : 0161-4687501
Dean Academics : 0161-4687503
Medical Supdt. : 0161-4687504
BPP 100721-1

EPABX : 0161-4687700 (30 Lines)
FAX : 0161-2302620
Website : www.dmch.edu
DMCH/F/A/EPH. 02/543/2015.5.1

CERTIFICATE

This is to certify that the thesis entitled “**TO STUDY THE EFFECT OF TEXT NECK SYNDROME ON THE ACTIVITIES OF DAILY LIVING AMONG DMC COLLEGE STUDENTS**” is a bonafide work carried out by **AMARDEEP KAUR**, student of **BPT**, Sant Baba Bhag Singh University, Khiala,, Jalandhar. She completed internship from DMC Hospital, Ludhiana (29.08.2022 to 03.03.2023) under my guidance. This work has not been published or submitted elsewhere for the award of any degree.

SUPERVISOR

Dr. MANDEEP KAUR (MPT,Neuro)

(AP)

Discipline of Physiotherapy

Sant Baba Bhag Singh University, Jalandhar (Punjab)

HOD/COD

Dr. Daljit Kaur (MPT,Neuro)

AP & COD

Discipline of Physiotherapy

Sant Baba Bhag Singh University, Jaladhar (Punjab)

INTERNSHIP CERTIFICATE



Dayanand Medical College & Hospital

Ludhiana-141001 (India)



Ref. No. DMCH/2022/64 (Physiotherapy)

Dated 10/03/2023

TO WHOM IT MAY CONCERN

This is to certify that Ms. Amardeep Kaur daughter of Mr. Anant Ram has completed her internship for six months in the department of Physiotherapy of this institution from 29.08.2022 to 03.03.2023 as per following schedule:

Sr. No.	Departments/Units of Physiotherapy	Duration	Period
1.	Orthopaedics, Burn, Plastic Surgery, Emergency (COVID) ICUWard	23 Days	29.08.2022 – 20.09.2022
2.	Medicine, Paediatric, Gynae-ICUWard	23 Days	21.09.2022 – 13.10.2022
3.	Neurology-ICUWard	23 Days	14.10.2022 – 05.11.2022
4.	OPD	25 Days	06.11.2022 – 28.11.2022 02.03.2023 – 03.03.2023
5.	Cardiology-ICUWard	23 Days	29.11.2022 – 21.12.2022
6.	Oncology-ICUWard	23 Days	22.12.2022 – 13.01.2023
7.	Surgery ICUWard, Gastro ICUWard, Liver Transplant Unit	23 Days	14.01.2023 – 15.01.2023 17.01.2023 – 05.02.2023 01.03.2023 – 01.03.2023
8.	Neuro-Surgery ICUWard	23 Days	06.02.2023 – 28.02.2023

She has been given an assessment of 72.25% for her rotatory internship duties by the Head, Department of Physiotherapy and Rehabilitation.

During her stay in this institution her work and conduct has been satisfactory.

Dr. Sandeep Puri

Principal
Principal
DMC & Hospital,
Ludhiana, Punjab (India)

EPABX : 0161-4687700 (30 Lines)

FAX : 0161-2302620

Website : www.dmch.edu

DMCH/IAE/PhL 02/543/2015.5.1

Principal : 0161-4687501

Dean Academics : 0161-4687503

Medical Supdt. : 0161-4687504

BPP 100721-1

CERTIFICATE

This is to certify that the thesis entitled "A STUDY TO COMPARE THE EFFECT OF CONVENTIONAL THERAPY AND NEUROMUSCULAR ELECTRICAL STIMULATION ON PAIN, STRENGTH AND RANGE OF MOTION AMONG TOTAL KNEE REPLACEMENT PATIENTS" is a bonafied work carried out by Baljinder kaur, student of BPT, Sant Baba Bhag Singh University, Khiala, P.O; Padhiana, Distt: Jalandhar. She has completed internship from Nasa and Hub superspeciality hospital Jalandhar (29.08.2022 to 27-02-2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

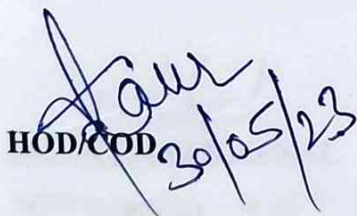
SUPERVISOR


29/05/23

DR. AMANDEEP KAUR (PT)

MPT (Orthopaedics)

Assistant professor,
Discipline of physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)


29/05/23

HOD/COD

DR. DALJIT KAUR (PT)

MPT (Neuro)

(AP & COD)

Discipline of physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



Reference: NHS/HR/EXP/MAY/05

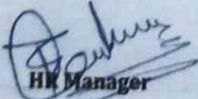
Date: 10/05/2023

TO WHOM IT MAY CONCERN

This is to certify that **Ms. Baljinder Kaur** student of Sant Baba Bhag Singh University Jalandhar, Punjab has completed her six months of internship in the department of physiotherapy and rehabilitation in this hospital from 29th August, 2022 to 27th February, 2023 as per following schedule:

S.NO	Department/ Units of Physiotherapy	Duration	Period
1.	Physiotherapy OPD (Neurology and spine, orthopedics, cardiology, pediatrics)	30 Days	29/08/2022- 27/09/2022
2.	Department of orthopedics	31 Days	28/09/2022- 28/10/2022
3.	ICU(Neurology and spine, orthopedics , cardiology ,gynecology and obstetrics)	31 Days	29/10/2022- 28/11/2022
4.	Department of Cardiology	31 Days	29/11/2022- 29/11/2022
5.	Respiratory care unit	15 Days	30/12/2022- 13/01/2023
6.	Pediatrics unit	15 Days	14/01/2023 - 28/01/2023
7.	Department of gynecology and obstetrics	15 Days	29/01/2023- 12/02/2023
8.	Burns and plastic Surgery Unit	15 Days	13/02/2023- 27/02/2023

Her work and conduct during Internship was found to be "Satisfactory".


HR Manager
NHS HOSPITAL
(A Unit Of NASA Brain & Spine Centre)
Opposite Sports College
KAPURTHALA ROAD, JALANDHAR


NHS HOSPITAL
(A Unit Of NASA Brain & Spine Centre)
Opposite Sports College
KAPURTHALA ROAD, JALANDHAR

NASA & HUB SUPERSPECIALITY

NHS Hospital (A Unit of Nasa Brain & Spine Centre), Opp. Sports College, Kapurthala Road, Jalandhar City-144001

☎ 0181-4006600

✉ nhshospitals@gmail.com

● www.nhshospital.in

CERTIFICATE

This is to certify that the thesis entitled "TO CHECK THE PREVALENCE OF NECK PAIN AMONG NURSING STAFF OF LUDHIANA CITY" Is a bonafied work carried out by Bhawna, student of BPT, Sant Baba Bhag Singh University Khiala, P.O. Padhiana, Distt. Jalandhar. She has completed internship from Guru Teg Bahadur Sahib Charitable Hospital at Ludhiana (07.09.2022) to (24.03.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not published or submitted elsewhere for the award of any degree.


SUPERVISOR
29/9/23

DR. JARES SAHONTA

(MSPT)

Assistant professor,

Discipline of physiotherapy;

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)


HOD/COD

Dr. Daljit Kaur (PT)

(MPT, NEURO) (AP & COD)

Discipline of physiotherapy

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਸਾਹਿਬ ਚੈਰੀਟੇਬਲ ਹਸਪਤਾਲ
GURU TEG BAHADUR SAHIB CHARITABLE HOSPITAL



Ref. No. 245/23

Dated 01/04/2023

COMPULSORY ROTATING INTERNSHIP

COMPLETION CERTIFICATE

This is certify that Mr/Miss BHANNA
Son/Daughter of KULWANT SINGH
bearing registration number 18440008 is a
bonafide student of Sant Baba Bhag Singh University, Distt Jalandhar completed
six months compulsory rotating internship from 7th SEPTEMBER 2022
24th MARCH 2023 including repetition and extensions.



During the training period his/her character, conduct and work was found to be
VERY GOOD

Date 31st MARCH 2023

Place LUDHIANA

Medical Supdt.
Medical Superintendent
Guru Teg Bahadur Sahib (C) Hospital,
Ajastri Nagar, Model Town, Ludhiana

Guru Teg Bahadur Hospital Road, Shastri Nagar, Model Town, Ludhiana - 141002
ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਸਾਹਿਬ ਚੈਰੀਟੇਬਲ ਹਸਪਤਾਲ ਰੋਡ, ਸ਼ਾਸਤਰੀ ਨਗਰ, ਮਾਡਲ ਟਾਊਨ, ਲੁਧਿਆਣਾ
T +91 161 4377100 E gtbhcd@ic1975@gmail.com W www.gtbhospital.org

CERTIFICATE

This is to certify that the thesis entitled “ **A STUDY TO CHECK THE PREVALENCE OF MUSCULOSKELETAL UPPER LIMB DYSFUNCTION AMONG MOBILE PHONE USERS**” is a bonafied work carried out by CHANDNI, student of BPT, Sant Baba Bhag Singh University, Khiala, Jalandhar. She has completed an internship at APEX Hospital, Jalandhar (22.08.2022 to 22.02.2023) under my guidance. This work has not been published or submitted elsewhere for the award of any degree.

GUIDE


Dr. AARTI LOHI (PT)

(MPT, Ortho)

Assistant Professor

Discipline of Physiotherapy

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)


HOD/COD

Dr. Daljit Kaur (PT)

(MPT, Neuro) (AP& COD)

Discipline of Physiotherapy

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

520, 521, 522, New Jawahar Nagar, Jalandhar City
+91-97799-78644, +91-181-2226148
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apexhospitaljalandhar@gmail.com
TPA Desk : 97799-75244, 0181-4628520, 99143-65544

Mark of Excellence



APEX

HOSPITAL MATERNITY HOME
A PREMIER MULTISPECIALITY HOSPITAL

A Multi-Speciality Hospital for Neurology, Neurosurgery, Urology, Andrology, Obstetrics & Gynaecology, IVF / ICSI (Test Tube Baby Centre), Endocrinology, Diabetology, General & Laparoscopic Surgery, Cardiology, Paediatrics, Critical Care, Internal Medicine, Orthopaedics, CT Scan, Laboratory (Hematology, Biochemistry)

Date: 10-03-2023

To Whom It May Concern

This is to certify that Ms.Chandni D/o Sh. Gurdial Singh R/o Vill-Daulatpur,P.O-Alawalpur,Distt-Jalandhar,Punjab is student of B.P.T Course from Sant Baba Bhag Singh University, Khiala, Jalandhar,Punjab, completed her six month internship period 22-08-2022 to 22-02-2023 in Physiotherapy Department. During her internship she performs her skills in various departments of the hospital as under:-

S.No	Department	Duration
1	Physiotherapy OPD (Neurology and Spine, Orthopaedics,Cardiology, General Medicine)	30 Days
2	Department of Neurology & Neurosurgery	15 Days
3	Department of Orthopaedics & General Surgery	30 Days
4	Department of Obst. & Gynaecology	15 Days
5	Department of Paediatrics & Neonatology	15 Days
6	Department of Endocrinology & General Medicine	15 Days
7	Department of Cardiology	30 Days
8	Department of Intensive Care Unit	30 Days

Her training has been found satisfactory during her stay in our hospital.

We wish her success in her future career.


Dr. Karanbir Singh
Medical Superintendent
Dr. Karanbir Singh
Medical Superintendent
Apex Hospital & Maternity Home
521, New Jawahar Nagar, Jalandhar



CERTIFICATE

This is to certify that the thesis entitled "A STUDY TO COMPARE THE EFFECT OF STATIC STRETCHING VERSUS DYNAMIC STRETCHING ON HAMSTRING FLEXIBILITY AND HIP RANGE OF MOTION AMONG HEALTHY INDIVIDUALS IN JALANDHAR" is a bonafied work carried out by Gurmeet Singh, student of BPT, Sant Baba Bhag Singh University, Khiala, PO. Padhiana, Distt. Jalandhar. He has completed internship from NHS Hospital at Jalandhar (3.10.2022 to 3.04.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not published or submitted elsewhere for the award of any degree.

GUIDE

Darti
21/10/23

DR. AARTI LOI (PT)

(MPT ORTHOPAEDICS)

Assistant professor,

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

HOD/COD

Kaur
21/10/23

Dr. Daljit Kaur (PT)

(MPT, Neuro) (AP&COD)

Discipline of physiotherapy

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

A study to compare the effect of static stretching versus dynamic stretching on hamstring flexibility and hip range of motion among healthy individuals in jalandhar



INTERNSHIP CERTIFICATE



Reference: NHS/HR/EXP/OCT/01

Date: 09/10/2023

TO WHOM IT MAY CONCERN

This is to certify that **Gurmeet Singh S/o Mr. Harbans Lal**, has completed his six months of internship in the department of physiotherapy and rehabilitation of this hospital from 03.10.2022 to 03.04.2023 as per following schedule:

Sr NO.	Department/ Units of Physiotherapy	Duration	Period
1.	Physiotherapy OPD (Neurology and spine, orthopedics, cardiology, pediatrics)	31 days	03/10/2022-02/11/2022
2.	Department of orthopedics	30 days	03/11/2022-02/12/2022
3.	ICU (Neurology and spine, orthopaedics, cardiology, gynecology and obstetrics)	31 days	03/12/2022-02/01/2023
4.	Department of Cardiology	31 days	03/01/2023-02/02/2023
5.	Respiratory Care Unit	15 days	03/02/2023-17/02/2023
6.	Pediatrics Unit	15 days	18/02/2023-04/03/2023
7.	Department of Gynecology and obstetrics	15 days	05/03/2023-19/03/2023
8.	Burns and plastic Surgery Unit	15 days	20/03/2023-03/04/2023

We wish him all the success in his future endeavours.

HR Manager, HR Assistant

[Signature]

HOD Signature

[Signature]


NHS HOSPITAL
(A Unit of NASA Brain & Spine Centre)

NHS Hospital (A Unit of Nasa Brain & Spine Centre), Opp. Sports College, Kapurthala Road, Jalandhar
☎ 0181-4006500 ✉ nshospitaln@gmail.com 🌐 www.nshospital.in

CERTIFICATE

This is to certify that the thesis entitled “ **TO CHECK THE PREVALENCE OF CERVICAL RADICULOPATHY AMONG MIDDLE AGE GROUP TO OLDER ADULT** ” Is a bonafied work carried out by Lovepreet kaur , student of BPT , Sant Baba Bhag Singh University , Khiala , PO. Padhiana , Distt , Jalandhar . She has completed internship from Shri Guru Ram Das Charitable Hospital at Amritsar (1.09.2022 to 2.03.2023) under my guidance for the degree in BPT during the academic year 2018-2023 . This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR


DR. DALJIT KAUR (PT)
(MPT, NEURO)

Assistant Professor, & COD
Discipline of Physiotherapy
Sant Baba Bhag Singh University ,
Khiala ,Jalandhar (Punjab)


HOD/COD

Dr. Daljit Kaur (PT)
(MPT, NEURO) (AP & COD)

Discipline of Physiotherapy
Sant Baba Bhag Singh University ,
Khiala , Jalandhar (Punjab)



SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH
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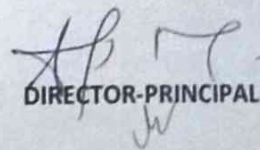
Date 02/03/23

TO WHOM IT MAY CONCERN

This is to certify that **Ms. Lovepreet Kaur D/o S. Manjit Singh** has successfully completed her internship of Bachelor of Physiotherapy w.e.f **01.09.2022 to 02.03.2023** at Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar. She possesses a keen observation and incorporates herself with confidence. We wish her success in her future endeavors and pursuit of her career goals. During her internship period, she performs her skills in various departments of the hospital as under :

S. No.	Department	Duration
1.	Orthopedics	30 Days
2.	<ul style="list-style-type: none">ICUPICUSICUCCUMICU	15 Days
3.	<ul style="list-style-type: none">SurgeryNeurosurgeryBurnsPlastic Surgery	30 Days
4.	<ul style="list-style-type: none">General MedicineOncologyENTENDO	30 Days
5.	Gyneacology	15 Days
6.	OPD Physiotherapy	30 Days
7.	SGRD Charitable Hospital, Sri Amritsar ICU and WARDS	15 Days
8.	<ul style="list-style-type: none">PaediatricsNeonatologyNICU	15 Days

Her character and conduct has been good.


DIRECTOR-PRINCIPAL

• Address : Mehta Road, Vallah, Sri Amritsar, Punjab, India, 143501
• Website : www.sgrdimsr.in e-mail : sgrdimsar.asr@gmail.com, info@sgrdimsr.in

• Fax : 0183-2870205, 345
• Tel. : 0183-2870204, 205, 345

CERTIFICATE

This is to certify that the thesis entitled “A STUDY TO COMPARE THE EFFECT OF DYNAMIC STRETCHING VERSUS MANUAL TRIGGER POINT RELEASE IN PATIENTS WITH NECK PAIN” is a bonafied work carried out by Jaspreet Kaur, student of BPT, Sant Baba Bhag Singh University, Khiala, PO. Padhiana, Distt. Jalandhar. She has completed internship from Shri Guru Ram Das Charitable Hospital at Amritsar (1.09.2022 to 3.03.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.



19/4/23

SUPERVISOR

DR. JARES SAHONTA (PT)
(MSPT)

Assistant professor,
Discipline of Physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).



19/4/23

HOD/COD

Dr. Daljit Kaur (PT)
(MPT, Neuro) (AP&COD)
Discipline of physiotherapy
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH
ਸ੍ਰੀ ਗੁਰੂ ਰਾਮਦਾਸ ਇੰਸਟੀਚਿਊਟ ਆਫ ਮੈਡੀਕਲ ਸਾਇੰਸਜ਼ ਐਂਡ ਰੀਸਰਚ

Ref. No. 5994/Ty/2023

Date 15-3-2023

TO WHOM IT MAY CONCERN

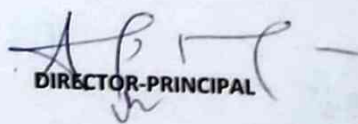
This is to certify that **Ms. Jaspreet Kaur D/o S. Bagicha Singh** has successfully completed her internship of Bachelor of Physiotherapy w.e.f **01.09.2022** to **02.03.2023** at Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar.

She possesses a keen observation and incorporates herself with confidence. We wish her success in her future endeavors and pursuit of her career goals.

During her internship period, she performs her skills in various departments of the hospital as under :

S. No.	Department	Duration
1.	Orthopedics	30 Days
2.	<ul style="list-style-type: none">• ICU• PICU• SICU• CCU• MICU	15 Days
3.	<ul style="list-style-type: none">• Surgery• Neurosurgery• Burns• Plastic Surgery	30 Days
4.	<ul style="list-style-type: none">• General Medicine• Oncology• ENT• ENDO	30 Days
5.	Gynaecology	15 Days
6.	OPD Physiotherapy	30 Days
7.	SGRD Charitable Hospital, Sri Amritsar ICU and WARDS	15 Days
8.	<ul style="list-style-type: none">• Paediatrics• Neonatology• NICU	15 Days

Her character and conduct has been good.


DIRECTOR-PRINCIPAL

• Address : Mehta Road, Vallah, Sri Amritsar, Punjab, India, 143501
• Website : www.sgrdimr.in e-mail : sgrdimr.asr@gmail.com, info@sgrdimr.in

• Fax : 0183-2870205, 345
• Tel : 0183-2870204, 205, 345

CERTIFICATE

This is to certify that the thesis entitled "TO STUDY THE EFFECT OF PHYSICAL THERAPY ON MUSCLE STRENGTH, RESPIRATORY MUSCLES AND FUNCTIONAL PARAMETERS IN PATIENTS WITH INTENSIVE CARE UNIT - ACQUIRED WEAKNESS" is a bonafide work carried out by Kiran Jyoti Pal, student of BPT, Sant Baba Bhag Singh University, Khiala, PO. Padhiana, Distt. Jalandhar. She has completed an internship from Patel Super-Speciality Hospital at Jalandhar (23.08.2022 to 20.03.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not been published or submitted elsewhere for award of any degree.



SUPERVISOR :

DR. MANDEEP KAUR (PT)

(MPT, NEURO)

Assistant professor,

Discipline of Physiotherapy, sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)



HOD/COD

DR. DALJIT KAUR (PT)

(MPT, NEURO) (AP and COD)

Discipline of Physiotherapy

Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



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SUPERSPECIALITY HOSPITAL

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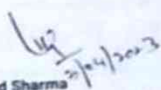



PH/INT/HRD/EMP/CER/25775

03 April 2023

TO WHOM SO IT MAY CONCERN

This is to certify that **Ms. Kiran Jyoti Pal** has done Internship training in Patel Hospital as an Intern in the **Physiotherapy and Rehabilitation** department from 23 August 2022 to 20 March 2023. During this tenure her performance was good. We wish her all the best for future endeavors.


Vinod Sharma
HOD - Hospitality and Housekeeping
Patel Hospital Pvt. Ltd


Dr. Swapnil Sood
Medical Superintendent
Patel Hospital Pvt. Ltd.

CERTIFICATE

This is to certify that the thesis entitled "TO STUDY THE EFFECT OF PHYSICAL THERAPY INTERVENTION PROGRAMMES IN CERVICOGENIC DIZZINESS." is a Bonafide work carried out by Mandeep kaur, Student of BPT, Sant Baba Bhag Singh University, Khiala, Jalandhar. She has completed internship from Patel Hospital at Jalandhar (23.08.2022 to 20.03.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

M. Kaur
20/6/23

SUPERVISOR

DR. MANDEEP KAUR (MPT, NEURO)

Assistant professor, Discipline of physiotherapy,
Sant Baba Bhag Singh University, Khiala, Jalandhar (Punjab)

HOD/COD


M. Kaur
20/06/23
Dr. Daljit kaur (PT)

(MPT, Neuro) (AP&COD)


Discipline of physiotherapy

Sant Baba Bhag Singh University, Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE

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www.patelhospital.com
Email: info@patelhospital.com



PH/INT./HRD/EMP/CER/20051 23 April 2023

TO WHOM SO IT MAY CONCERN

This is to certify that **Ms. Mandeep Kaur** has done Internship training in Patel Hospital as an intern in the **Physiotherapy and Rehabilitation** department from 23 August 2022 to 20 March 2023. During this tenure her performance was good. We wish her all the best for future endeavors.



Vinod Sharma
Vinod Sharma
HOD- Hospitality and Housekeeping
Patel Hospital Pvt. Ltd.

Dr. Rajan Bood
Dr. Rajan Bood
Medical Superintendent
Patel Hospital Pvt. Ltd.

CERTIFICATE

This is to certify that the thesis entitled “ TO CHECK THE PREVALENCE OF KNEE OSTEOARTHRITIS AND ITS EFFECTS ON PHYSICAL ACTIVITIES AMONG ELDERLY POPULATION” is a bonafied work carried out by Muskaan, student of BPT, Sant Baba Bhag Singh University, Khiala , PO. Padhiana, Distt, Jalandhar. She has completed internship from Shri Guru Ram Das Charitable Hospital at Amritsar (16.08.2022 to 15.02.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.


11/06/2023
SUPERVISOR

DR. DALJIT KAUR (PT)

(MPT, NEURO)

Assistant Professor & COD

Discipline of Physioherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).


11/06/2023
HOD/ COD

Dr. Daljit Kaur (PT)

(MPT, NEURO) (AP & COD)

Discipline of Physiotherapy

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



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Ref. No: 5623/Int/2023

Date: 20-2-2023

TO WHOM IT MAY CONCERN

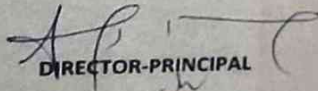
This is to certify that Ms. Muskaan has successfully completed her internship of Bachelor of Physiotherapy w.e.f 16th August 2022 to 15th February 2023 at Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar.

She possesses a keen observation and incorporates herself with confidence. We wish her success in her future endeavors and pursuit of her career goals.

During her internship period, she performs her skills in various departments of the hospital as under :

S. No.	Department	Duration
1.	Orthopedics	30 Days
2.	<ul style="list-style-type: none">• ICU• PICU• SICU• CCU• MICU	15 Days
3.	<ul style="list-style-type: none">• Surgery• Neurosurgery• Burns• Plastic Surgery	30 Days
4.	<ul style="list-style-type: none">• General Medicine• Oncology• ENT• ENDO	30 Days
5.	Gyneacology	15 Days
6.	OPD Physiotherapy	30 Days
7.	SGRD Charitable Hospital, Sri Amritsar ICU and WARDS	15 Days
8.	<ul style="list-style-type: none">• Paediatrics• Neonatology• NICU	15 Days

Her character and conduct has been good.


DIRECTOR-PRINCIPAL

• Address : Mehta Road, Vallah, Sri Amritsar, Punjab, India, 143501
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• Fax : 0183-2270204, 345
• Tel : 0183-2270204, 205, 345

CERTIFICATE

This is to certify that the thesis entitled "TO ASSESS THE EFFICACY OF STATIC AND DYNAMIC BALANCE EXERCISES IN IMPROVING BALANCE AND GAIT IN THE GERIATRIC POPULATION HAVING THE RISK OF FALLS " is a bonafide work carried out by **Samuel**, student of BPT, Sant Baba Bhag Singh University, Khiala, P.O. Padhiana, Distt. Jalandhar (Punjab). He has completed internship from Civil Hospital, Jalandhar (01.10.2022 to 03.04.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

Am
21/10/23

SUPERVISOR

DR. AMANDEEP KAUR (PT)

(MPT, ORTHO)

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

Daljit
26/10/2023

Dr. Daljit kaur (PT)

(MPT, NEURO) (AP & COD)

Discipline of physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

INTERNSHIP CERTIFICATE

**Deputy Director Cum Medical Superintendent
S.B.L.S. Civil Hospital, Jalandhar.**

Phone No. 0181-2230933, Email: mschjal@yahoo.com

No. MS/CHI/2023/ 3943

Dated: 17/07/2023

Certified that Mr. Samuel S/O Baldev Raj from Sant Baba Bhag Singh University Jalandhar, Punjab has completed his/her compulsory physiotherapy internship from 01.10.22 to 03.04.23 satisfactory as follows:-

Name of the deptt.	From	To
Orthopaedics Department/Trauma Ward	01.10.22	31.10.22
Physiotherapy Department	01.11.22	30.11.22
Medicine Department /Cardiothoracic /I .CU	01.12.22	31.12.22
Neurology Department/ Respiratory Care	01.01.23	31.01.23
Surgery Department/Burns Ward	01.02.23	02.03.23
Gynaecology Department	03.03.23	18.03.23
Pediatrics Department	19.03.23	03.04.23

This certificate is being issued as per attendance report received from respective head of departments through physiotherapy department.

Medical Superintendent
Civil Hospital, Jalandhar.

No. MS/CHI/2023/ _____

Dated: _____

Copy to:-

1. Principal, Sant Baba Bhag Singh University, Jalandhar.
2. Mr. Samuel, Intern

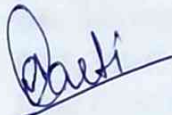
Medical Superintendent
Civil Hospital, Jalandhar



CERTIFICATE

This is to certify that the thesis entitled “A STUDY TO COMPARE THE EFFECT OF HAMSTRING STRETCHING VERSUS PHYSICAL EXERCISES IN INDIVIDUALS WITH SCIATICA” is a bonafied work carried out by Sandeep Kaur, student of BPT, Sant Baba Bhag Singh University, Khiala, P.O. Padhiana, Distt. Jalandhar. She has completed internship from Shri Guru Ram Das Charitable Hospital at Amritsar (1.09.2022 to 3.3.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR



DR. AARTI LOI (PT)
[MPT(Orthopaedics)]
Assistant professor,
Discipline of physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).



HOD/COD

Dr. Daljit Kaur (PT)
(MPT, Neuro)
(AP & COD)
Discipline of Physiotherapy)
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



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Ref. No: 5993/128/2023

Date: 15-3-2023

TO WHOM IT MAY CONCERN

This is to certify that Ms. Sandeep Kaur D/o S. Dalbir Singh has successfully completed her internship of Bachelor of Physiotherapy w.e.f 01.09.2022 to 02.03.2023 at Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar.

She possesses a keen observation and incorporates herself with confidence. We wish her success in her future endeavors and pursuit of her career goals.

During her internship period, she performs her skills in various departments of the hospital as under :

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1.	Orthopedics	30 Days
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3.	<ul style="list-style-type: none">• Surgery• Neurosurgery• Burns• Plastic Surgery	30 Days
4.	<ul style="list-style-type: none">• General Medicine• Oncology• ENT• ENDO	30 Days
5.	Gynaecology	15 Days
6.	OPD Physiotherapy	30 Days
7.	SGRD Charitable Hospital, Sri Amritsar ICU and WARDS	15 Days
8.	<ul style="list-style-type: none">• Paediatrics• Neonatology• NICU	15 Days

Her character and conduct has been good.


DIRECTOR-PRINCIPAL

• Address : Mehta Road, Vallah, Sri Amritsar, Punjab, India, 143501
• Website : www.sgrdmsr.in e-mail : sgrdmsr.asr@gmail.com, info@sgrdmsr.in

• Fax : 0183-2870205, 345
• Tel : 0183-2870204, 205, 345

CERTIFICATE

This is to certify that the thesis entitled "TO STUDY THE PREVALENCE OF RESPIRATORY SYMPTOMS IN SURVIVORS OF HOSPITAL ADMISSION AFTER COVID-19" is a bonafied work carried out by Sarabjit Kaur, student of BPT, Sant Baba Bhag Singh University, Khiala, Jalandhar. She has completed internship from Shri Guru Ram Dass Charitable Hospital at Amritsar (16.08.2022 to 15.02.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not published or submitted elsewhere for the award of any degree.


SUPERVISOR

Dr. Mandeep Kaur (MPT, Neuro)
Assistant professor
Discipline of Physiotherapy
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).


HOD/COD

Dr. Daljit Kaur (PT)
(MPT, Neuro)
(AP&COD)
Discipline of physiotherapy
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

CERTIFICATION

CERTIFICATION

This is to certify that the thesis work of titled "A study on the prevalence of respiratory symptoms in survivors of hospital after Covid-19" is bonafide record work submitted by Saxabji Kaur, intern of Bachelor's of physiotherapy. This work is genuinely, with full determination and according to the prescribed criteria. This thesis carried out under my direct supervision and guidance. She has completed the work to my satisfaction.

prevalence of respiratory symptoms in survivors of hospital after Covid -19

DR. MANDEEP KANG
Incharge
Department of Physiotherapy
Sri Gur Ram Das University
Health Sciences, Vellore, Andhra

Dr. Mandeep Kang

Head of Physiotherapy Department,

SGRD hospital,

Amitsar

CERTIFICATE

This is to certify that the thesis entitled "TO CHECK THE PREVALENCE OF SCIATICA AND ITS EFFECTS ON PHYSICAL ACTIVITIES AMONG ELDERLY POPULATION" Is a bonafied work carried out by Simranjeet kaur, student of BPT, Sant Baba Bhag Singh University Khiala, P.O. Padhiana, Distt. Jalandhar. She has completed internship from Shri Guru Ram Das Charitable Hospital at Amritsar (01.09.2022 to 02.03.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR


DR. DALJIT KAUR (PT)

(MPT, NEURO)

Assistant Professor & COD

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).


HOD/COD

Dr. Daljit Kaur (PT)

(MPT, NEURO) (AP & COD)

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE



SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH

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Ref. No: SGR/18/2023

Date: 13-3-2023

TO WHOM IT MAY CONCERN

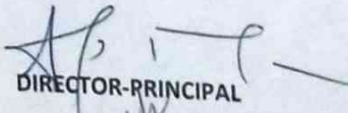
This is to certify that Ms. Simranjeet Kaur D/o S. Chamkaur Singh has successfully completed her internship of Bachelor of Physiotherapy w.e.f 01.09.2022 to 02.03.2023 at Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar.

She possesses a keen observation and incorporates herself with confidence. We wish her success in her future endeavors and pursuit of her career goals.

During her internship period, she performs her skills in various departments of the hospital as under :

S. No.	Department	Duration
1.	Orthopedics	30 Days
2.	<ul style="list-style-type: none">• ICU• PICU• SICU• CCU• MICU	15 Days
3.	<ul style="list-style-type: none">• Surgery• Neurosurgery• Burns• Plastic Surgery	30 Days
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5.	Gyneacology	15 Days
6.	OPD Physiotherapy	30 Days
7.	SGRD Charitable Hospital, Sri Amritsar ICU and WARDS	15 Days
8.	<ul style="list-style-type: none">• Paediatrics• Neonatology• NICU	15 Days

Her character and conduct has been good.


DIRECTOR-PRINCIPAL

• Address : Mehta Road, Vallah, Sri Amritsar, Punjab, India, 143501
• Website : www.sgrdimsr.in e-mail : sgrdimsr.asr@gmail.com, info@sgrdimsr.in

• Fax : 0183-2870205, 345
• Tel. : 0183-2870204, 205, 345



CERTIFICATE

This is to certify that the thesis entitled **“TO STUDY PREVALENCE OF ANTERIOR CRUCIATE LIGAMENT INJURY AMONG FOOTBALL PLAYER IN BIHAR** is a Bonafide work carried out by **Manisha Rani**, student of BPT, Sant Baba Bhag Singh University, Khiala, PO. Padhiana, Distt. Jalandhar. She has completed internship from Paras Hamri Hospital, Patna (Bihar) under my guidance (15.10.2023 to 15.03.2024)

This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR


19/11/24

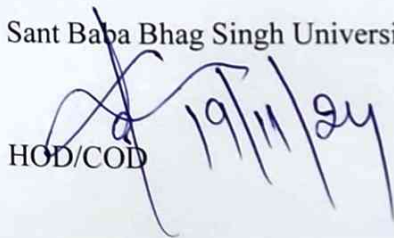
DR. Aarti Loi (PT) [MPT (orthopedics)]

Assistant professor,

Discipline of Physiotherapy,

Sant Baba Bhag Singh University, Khiala, Jalandhar (Punjab).

HOD/COD


19/11/24

Dr. Daljit Kaur (PT) (MPT, Neuro) (AP&COD)

Discipline of physiotherapy

Sant Baba Bhag Singh University, Khiala, Jalandhar (Punjab)



INTERNSHIP CERTIFICATE



PARAS HEALTH

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Tel/Fax : 8929076237
Emergency: 0612 - 7107788
Email : contact.patna@parashospitals.com

PHPL/KPP/HR/2024

15 Mar 24

CERTIFICATE OF COMPULSORY ROTATORY INTERNSHIP

This is to certify that Ms Manisha Rani student of Sant Baba Bhag Singh University Registration No 18440041 has successfully completed her six months compulsory rotatory internship programme in Physiotherapy Department at Paras HMRI Hospital Patna Bihar from 15 Oct 23 to 15 Mar 24. During this period she was posted:

Physiotherapy (OPD)	One Month
Orthopedics	One Month
Neurology/Neuroscience	One Month
Medical ICU /Oncology	One Month
Surgical ICU/Post Op ICU	One Month
CTVS/CCU/Gynae/OBS/Pediatrics	One Month



Dr. DP Sharma
Dr. DP Sharma PT
HOD Dept of Physiotherapy
Paras HMRI Hospital Patna

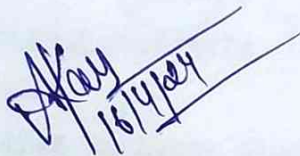
Reception- +91-8929076237 Ambulance-0612-7107788

PARAS HEALTHCARE PRIVATE LIMITED

NH 30, Bailey Road, MLA Colony, Raja Bazar, Indrapuri, Patna, Bihar - 800014
Registered Office : 1st Floor, Tower-B, Paras Twin Towers, Golf Course Road, Sector-54, Gurugram, Haryana - 122002
Tel: +91 06035358740 | contact.patna@parashospitals.com | www.parashospitals.com | CIN : U85110HR1987PTC035823
@ParasHealth

CERTIFICATE

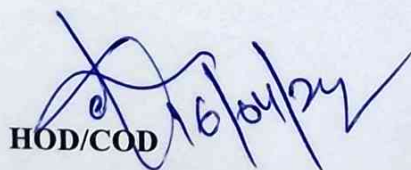
This is to certify that the thesis entitled "A STUDY TO COMPARE THE EFFECT OF NEURAL MOBILISATION AND CERVICAL TRACTION AMONG THE PATIENTS WITH CERVICAL RADICULOPATHY" is a bonafied work carried out by Harmandeep Kaur, student of BPT, Sant Baba Bhag Singh University, Khiala, PO. Padhiana, Distt. Jalandhar. She has completed internship from Civil Hospital at Hoshiarpur (3.11.2022 to 14.08.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.



SUPERVISOR

DR. AMANDEEP KAUR (PT)

Assistant Professor,
Discipline of Physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).



HOD/COD

Dr. Daljit Kaur (PT)
(MPT, Neuro) (AP&COD)
Discipline of Physiotherapy
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)

INTERNSHIP CERTIFICATE

CERTIFICATE

Certified that Harmandeep Kaur D/o Ranjit Singh from Sant Baba Bhag Singh University, Jalandhar Punjab has completed his/ her Six months compulsory physiotherapy internship from Civil Hospital, Hoshiarpur since 03-11-2022 to 14-08-2023 satisfactory as follow:

Name of the Deptt.	From	To
Orthopedics/ Musculoskeletal Physiotherapy	20/12/2022	23/01/2023
Neurology/ Neuro Physiotherapy	03/11/2022	05/12/2022
Cardiopulmonary physiotherapy	06/12/2022 19/04/2023 03/08/2023	19/12/2022 30/04/2023 14/08/2023
General Medicine/ General Surgery	12/05/2023	21/06/2023
ENT/ OBS and Gynae/ burn skin unit	25/01/2023 01/04/2023	03/02/2023 10/04/2023
Geriatrics/ Pediatrics unit	11/04/2023 02/05/2023	18/04/2023 11/05/2023
Psychiatric wards/ Community Medicine/ Sports Physiotherapy	23/06/2023	02/08/2023

This certificate is being issued as per attendance report respective head of departments through physiotherapy department.

Harmandeep Kaur

Senior Medical Officer, Hoshiarpur
Civil Hospital, Hoshiarpur

No. CH/HSP/ 2087-88

Dated 18/08/2023

Copy to:

- 1) Principal Sant Baba Bhag Singh University Jalandhar
- 2) Harmandeep Kaur, Intern

Senior Medical Officer, Hoshiarpur
Civil Hospital, Hoshiarpur

ਸਿਵਲ ਹਸਪਤਾਲ ਹੋਸ਼ੀਆਰਪੁਰ
ਸਿਵਲ ਹਸਪਤਾਲ ਹੋਸ਼ੀਆਰਪੁਰ



CERTIFICATE

This is to certify that the thesis entitled **“TO STUDY THE PREVALENCE OF MUSCULOSKELETAL PAIN AMONG PHYSIOTHERAPY STUDENTS** is a bonafied work carried out by Chhotu Raja, student of BPT, Sant Baba Bhag Singh University, Khiala, Po. Padhiana, Distt- Jalandhar. She has completed internship from NASA AND HUB SUPERSPECIALITY HOSPITAL, JALANDHAR (18.10.2022 to 18.04.2023) under my guidance This work has not published or submitted elsewhere for the award of any degree.

Akaur
11/12/23

GUIDE

DR. AMANDEEP KAUR (PT)
(MPT ORTHO)
Assistant professor,
Discipline of Physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).

Daljit Kaur
11/12/23

HOD/COD

Dr. Daljit Kaur (PT)
(MPT, Neuro) (AP&COD)
Discipline of physiotherapy
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab)



INTERNSHIP CERTIFICATE



Reference: NHS/HR/INT/APR/13



Date: 27/04/2023

NASA & HUB SUPERSPECIALITY
HOSPITAL

TO WHOM IT MAY CONCERN

This is to certify that **Chhotu Raja S/o Mr. Anil Kumar Singh** from **Sant Baba Bhag Singh University**, has completed his six months of internship in the department of physiotherapy and rehabilitation of this hospital from 18.10.2022 to 18.04.2023 as per following schedule:

Sr NO.	Department/ Units of Physiotherapy	Duration	Period
1.	Physiotherapy OPD(Neurology and spine, orthopedics, cardiology, pediatrics)	31 days	18/10/2022-17/11/2022
2.	Department of orthopedics	30 days	18/11/2022-17/12/2022
3.	ICU(Neurology and spine, orthopaedics , cardiology ,gynecology and obstetrics)	31 days	18/12/2022-17/01/2023
4.	Department of Cardiology	31 days	18/01/2023-17/02/2023
5.	Respiratory Care Unit	15 days	18/02/2023-04/03/2023
6.	Pediatrics Unit	15 days	05/03/2023-19/03/2023
7.	Department of Gynecology and obstetrics	15 days	20/03/2023-03/04/2023
8.	Burns and plastic Surgery Unit	15 days	04/04/2023-18/04/2023

NHS HOSPITAL (A Unit of NASA BRAIN & SPINE CENTRE) is a multispecialty hospital fully equipped with state of art equipments for all diagnostic and therapeutic procedures.

We wish him all the success in his future endeavours.

HR Department
NHS HOSPITAL
(A Unit Of NASA Brain & Spine Centre)
Opposite Sports College
KAPURTHALA ROAD, JALANDHAR


NHS HOSPITAL
(A Unit Of NASA Brain & Spine Centre)
Opposite Sports College
KAPURTHALA ROAD, JALANDHAR

NASA & HUB SUPERSPECIALITY

NHS Hospital (A Unit of Nasa Brain & Spine Centre), Opp. Sports College, Kapurthala Road, Jalandhar City-144001

☎ 0181-4006600

✉ nhshospitals@gmail.com

🌐 www.nhshospital.in



CERTIFICATE

This is to certify that the thesis entitled “A STUDY TO COMPARE THE EFFECT OF CONVENTIONAL THERAPY AND MYOFASCIAL RELEASE ON CHRONIC LOW BACK PAIN” is a bonafied work carried out by **Sneha kumari**, student of BPT, Sant Baba Bhag Singh University, Khiala, PO.Padhiana, Distt. Jalandhar. She has completed internship from Maharaja Agrasen Dwarka sector 1 New Delhi (10.09.2022 to 10.03.2023) under my guidance for the degree in BPT during the academic year 2018-2023. This work has not published or submitted elsewhere for the award of any degree.


SUPERVISOR 10/10/2023

DR. Aarti Loi (PT)
[MPT (orthopaedics)]
Assistant professor,
Discipline of Physiotherapy,
Sant Baba Bhag Singh University,
Khiala, Jalandhar (Punjab).


HOD/COD 10/10/23

Dr. Daljit Kaur (PT)
(MPT, Neuro) (AP&COD)
Discipline of physiotherapy
Sant Baba Bhag Singh University, Khiala, Jalandhar (Punjab)



INTERNSHIP CERTIFICATE



महाराजा अग्रसेन अस्पताल
MAHARAJA AGRASEN HOSPITAL
DWARKA



Sector-1, Dwarka, New Delhi-110075 Ph : 011-41347700, 41347701
Website : www.mahdwarka.org, E-mail : info.dw@mahdelhi.org

MAH/HR/ADMN/2023

16.03.2023

Internship Completion Certificate

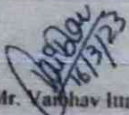
This is to certify that Ms. Sneha Komari D/O Late Manoj Sharma has completed six month physiotherapy internship under the department of physiotherapy Maharaja Agrasen Hospital Dwarka from 10th September 2022 to 10th March 2023 under the guidance of Dr. Pushpender Rana.

During the tenure of six month she worked in Various Department:


1. Physiotherapy OPD & Rehabilitation
2. Orthopedics
3. Neurology
4. Medicine
5. Cardiology
6. PICU / Isolation Ward

During this period she gained experience to evaluate, Assess, plan and execute Physiotherapeutic Modalities to Patients of different Departments.

We found her fully committed to the work. She performed her clinical responsibilities with full devotion and skill. To the best of our knowledge. She bears a good moral character.


Mr. Vaibhav Itan

HR department
Vaibhav Itan
HR, Assistant Manager
Maharaja Agrasen Hospital
Sec-1, Dwarka, New Delhi-75


Dr. Pushpender Rana

HOD physiotherapy
Dr. Pushpender Rana (PT)
HOD, Dept. of Physiotherapy
Maharaja Agrasen Hospital
Sector-1, Dwarka, New Delhi



Regn. No. : S/11107

A Unit of Maharaja Agrasen Hospital Charitable Trust

CERTIFICATE

This is to certify that the thesis entitled "**PREVELANCE OF MUSCULOSKELETAL INJURIES AMONG YOUNG CRICKET PLAYERS IN JALANDHAR**" is a bonafied work carried out by Pankaj Aadiya, student of BPT, SANT BABA BHAG SINGH UNIVERSITY, Khiala, PO. Padhiana, Distt. Jalandhar. He has completed internship from Shrimann Superspeciality Hospital at Jalandhar (8.08.2022 to 9.02.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR

DR. JARES SAHONTA (PT) (MSPT)

Assistant Professor,

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

HOD/COD

DR. Daljit Kaur (PT)

(MPT Neuro) (AP&COD)

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).



INTERNSHIP CERTIFICATE



ZAS Healthcare Pvt. Ltd
Therapy Management & Services Provider
Cell No: 9891161582
Email address: zashealthcare@yahoo.com

DEPARTMENT OF
PHYSIOTHERAPY & REHABILITATION
February 15, 2023

INTERNSHIP COMPLETION CERTIFICATE

The Department of Physiotherapy and Rehabilitation at Shrimann Superspeciality Hospital Jalandhar is an outsourced department to ZAS Healthcare Pvt. Ltd.

This is to certify that Mr. Pankaj Aadiya s/o Mr. Ram, student of Bachelor of Physiotherapy has successfully completed his compulsory rotational internship in physiotherapy as part of the curriculum at Shrimann Superspeciality Hospital Jalandhar from 8th August 2022 to 9th February 2023, for a period of 6 (six) months, spending 8 hours' time every day Monday to Saturday in various wards on rotational basis as following:

Table with 3 columns: SL NO, DEPARTMENT, DURATION. Rows include Physiotherapy and Rehabilitation, Orthopedics and Orthopedics surgery, Neurology and Neurosurgery, Medicine, General Surgery, Burns & Plastic Surgery, Pediatrics, Gynecology & Obstetrics, ICU, CCU, MICU, CTVS, HDU, SICU.

During the period he exhibited good moral character and professional conduct with his superiors and other hospital staff. His patient dealings are also very caring and sincere. He has met all the requirements for the award of "Bachelors of Physiotherapy" degree.

Signature of Dr. Zameer Jafri P.T.
Dr. Zameer Jafri P.T.
Managing Director
ZAS Healthcare Pvt. Ltd
Mobile: 9891161582

CERTIFICATE

This is to certify that the thesis entitled **TO STUDY THE PREVALENCE OF PLANTAR FASCIITIS AMONG GENERAL POPULATION IN KASHMIR** is a bonafied work carried out by Wahid ali malik student of BPT **SANT BABA BAGH SINGH UNIVERSITY, KHIALA, JALANDHAR** .He has completed internship from **APEX HOSPITAL JALANDHAR** (18.11.2022 to 18.04.2023).This work has not published or submitted elsewhere for the award of any degree.

SUPERVISOR

Aarti
20/6/24

Dr.Aarti Lio (MPT ORTHO) ASSISTANT PROFESSOR
DISCIPLINE OF PHYSIOTHERAPY
**SANT BABA BAGH SINGH UNIVERSITY,
KHAILA, JALANDHAR (PUNJAB)**

HOD/COD

Daljit Kaur
20/06/24

Dr.Daljit Kaur (PT)
(MPT NEURO) (AP & COD)

DISCIPLINE OF PHYSIOTHERAPY
**SANT BABA BAGH SINGH UNIVERSITY, KHAILA, JALANDHAR
PUNJAB.**

INTERNSHIP CERTIFICATE

520, 521, 522, New Jawahar Nagar, Jalandhar City
+91-97799-78644, +91-181-2226148
www.apex-hospital.com
apexhospitaljalandhar@gmail.com
TPA Desk : 97799-75244, 0181-4628520



APEX

HOSPITAL MATERNITY HOME
A PREMIER MULTISPECIALITY HOSPITAL

A Multi-Speciality Hospital for Neurology, Neurosurgery, Urology, Andrology, Obstetrics & Gynaecology, IVF / ICSI (Test Tube Baby Centre), Endocrinology, Diabetology, General & Laparoscopic Surgery, Cardiology, Paediatrics, Critical Care, Internal Medicine, Orthopaedics, CT Scan, Laboratory (Hematology, Biochemistry)

Ref: AH/HRD/TRN/15/2023

Date: 02-05-2023

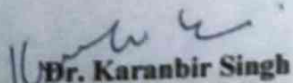
To Whom It May Concern

There is to certify that Mr. Wahid Ali Malik S/o Sh. Mohammad Hanief Malik, R/o Distt-Gandrbal, Jammu & Kashmir, is student of B.P.T Course from Sant Baba Bhag Singh University, Khiala, Jalandhar, completed his Six month internship period 18-11-2022 to 18-04-2023 in Physiotherapy Department. During his internship he performs his skills in various departments of the hospital as under:-

S.No	Department	Duration
1	Physiotherapy OPD (Neurology and Spine, Orthopaedics, Cardiology, General Medicine)	30 Days
2	Department of Neurology & Neurosurgery	15 Days
3	Department of Orthopaedics & General Surgery	30 Days
4	Department of Obst. & Gynaecology	15 Days
5	Department of Paediatrics & Neonatology	15 Days
6	Department of Endocrinology & General Medicine	15 Days
7	Department of Cardiology	30 Days
8	Department of Intensive Care Unit	30 Days

His training has been found satisfactory during his stay in our hospital.

We wish him success in his future career.


Dr. Karanbir Singh
Medical Superintendent

Dr. Karanbir Singh
Medical Superintendent
Apex Hospital & Maternity Home
521, New Jawahar Nagar, Jalandhar

CERTIFICATE

This is to certify that the thesis work entitled "A STUDY TO COMPARE THE EFFECTS OF MAITLAND MOBILISATION VS MUSCLE ENERGY TECHNIQUE ON FACTORS - PAIN, ROM IN FROZEN SHOULDER " is a bonafide work carried out by BULBUL RANI , student of BPT , SANT BABA BHAG SINGH UNIVERSITY, KHIALA, P.O-PADHIANA ,Distt- JALANDHAR. She has completed internship from Civil hospital at Jalandhar (07.09.2022 to 09.03.2023) under my guidance. This work has not published or submitted elsewhere for the award of any degree.

20.12
13/9/23

SUPERVISOR

Dr. Mandeep Kaur (PT)

(MPT, Neuro)

Assistant Professor,

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

HOD/COD

Dr. Daljit Kaur (PT)

(MPT, NEURO)

(Assistant Professor & COD)

Discipline of Physiotherapy,

Sant Baba Bhag Singh University,

Khiala, Jalandhar (Punjab).

Deputy Director Cum Medical Superintendent
S.B.L.S. Civil Hospital, Jalandhar.

Phone No. 0181-2230933, Email: mschjal@yahoo.com

No. MS/CHJ/2023/ _____

Dated: _____

Certified that **Bulbul Rani** D/o Ashwani kumar from Sant Baba Bhag Singh University, Jalandhar, Punjab has completed his/her compulsory physiotherapy internship from **07/09/22 to 09.03.23** satisfactory as follows:-

Name of the deptt.	From	To
Orthopaedics/Sports/Musculoskeletal Department	07.09.22	06.10.22
Physiotherapy Department	07.10.22	06.11.22
Medicine Department /Cardiopulmonary/Psychiatry/ Community Medicine/Geriatrics/I .C.U	07.11.22	06.12.22
Neurology Department/ Respiratory Care /ICU	07.12.22	06.01.23
Surgery Department /Burn Ward/ICU/Skin/Plastic Surgery	07.01.23	06.02.23
Gynaecology & Obstetrics Department	07.02.23	21.02.23
Pediatrics Department	22.02.23	09.03.23

This certificate is being issued as per attendance report received from respective head of departments through physiotherapy department.

Medical Superintendent
Civil Hospital, Jalandhar.

Dated: 13/06/2023

No. MS/CHJ/2023/ 2996-97

Copy to:-

- ✓ Principal, Sant Baba Bhag Singh University, Jalandhar.
- ✓ Bulbul Rani, Intern



Medical Superintendent
Civil Hospital, Jalandhar

Medical Superintendent
Civil Hospital, Jalandhar